

EDUCATION

Specialized Honors B. Kin, Kinesiology and Exercise Science and Athletic Therapy, York University	1995
Doctor of Chiropractic, Canadian Memorial Chiropractic College	2001
Osteopathic Manual Practitioner, Canadian College of Osteopathy	2003
B.Sc. Osteopathy, British College of Osteopathic Medicine	2008
Diplomate of the American Chiropractic Neurology Board	2018
Certified Practitioner, Institute for Functional Medicine	2019
Masters of Science, Clinical Neuroscience, Carrick Institute	2022

PROFESSIONAL ASSOCIATIONS

College of Chiropractors of Ontario
Ontario Association of Osteopathic Manual Practitioners
Institute of Functional Medicine
American Chiropractic Neurology Board

PROFESSIONAL EXPERIENCE

Chiropractor/Osteopath/Functional Medicine/Functional Neurology **2001 - Present**
Private practice

- Treating complex and chronic cases using a unique approach integrating functional neurology, functional medicine, manual therapies, motor learning and advanced exercise strategies.
- Combining biofeedback, neurofeedback, photobiomodulation and RightEye into clinical treatment applications.

Clinical lead and Director of Integrative Therapies

Gordie Howe Institute **2023 - Present**

- Created the GHI Health Reboot Program, five-day intensive rehab program for complex and chronic cases.

Faculty Member **2017 - Present**

Ontario Academy of Progressive Osteopathy

Developed the curriculum for 3 courses: Osteopathic Approach to the Peripheral Nervous System, An Osteopathic Approach to Pediatrics and Obstetrics, and An Introduction to Osteopathic Assessment.

- Teach the courses outlined above.
- Provide clinical education.

Chiropractor/Osteopath, Part Time **2015 - 2016**

Pain and Wellness Centre - Vaughan, ON

Provided care for complex and chronic pain patients.

- Compiled data on outcomes of complex and chronic pain patients for future publications.
- Provided leadership and taught junior practitioners.

Professor of Osteopathy **2008 - 2017**

Canadian College of Osteopathy

Taught and contributed to the development of the curriculum.

- Professor of Cervical Spine.
- Clinical Education.

- Head Therapist** **2008 - 2012**
So You Think You Can Dance Canada
Sole provider of chiropractic and osteopathic treatment for the competitors on this #1 ranked show in Canada, four years running.
- Head Therapist** **1997 - 2008**
Canadian National Beach Volleyball
 Canadian National Beach Volleyball Tour Head Therapist June 1997-August 2008.
 Canadian National Beach Volleyball Team Head Therapist June 1997-August 2008.
 Olympic Games Sydney 2000 Therapist for Canada Beach Volleyball.
 Olympic Games Athens 2004 Therapist for Canada Beach Volleyball.
- Therapist** **1995 - 2008**
David L. MacIntosh Sport Medicine Clinic University of Toronto
 - Clinical Therapist (chiropractic and osteopathy).
 - Team therapist for women's basketball and volleyball.

LECTURER/SPEAKER

- Craniofacial Release Technique Advanced Seminar Guest Speaker** **2024**
 - Invited to lecture on advanced approaches to the manual treatment of the cranial base.
- Professional Hockey Players Association (PHPA) Annual Conference** **2023**
 - Invited to lecture to panel of Worker's Compensation Attorneys representing NHLPA, NFLPA, MLBPA, MLSPA and CFLPA on concussion in sport.
- Carrick Institute Synapse Sessions Presenter** **2023**
 - Presented "The Effects of Chronic Pain on the Brain"
- Evidence Based Nutrition Seminar Series**
 - Developed courses and planned the curriculum as a participant of the Evidence Based Nutrition team.
 - Lecturer/instructor at Evidence Based Nutrition Seminar Series.
- Lecturer**
 - Repeat guest lecturer at the University of Toronto and York University Faculty of Kinesiology Departments.

PEER REVIEWED PUBLICATIONS

Frantzis, E, Druelle, P, Ross, K, McGill, S. The accuracy of Osteopathic adjustments of the lumbar spine. International Journal of Osteopathic Medicine 18(1);33-39.